



## ADA CAMP CAREFREE CAMPER CLOTHING AND EQUIPMENT LIST

*Please fill out this list and place it in camper's trunk or suitcase. Check items off at the end of camp when you come for your camper!*

### **BECAUSE OF LIMITED SPACE, PLEASE PACK EFFICIENTLY AND SEND ONLY WHAT IS ON THE LIST**

For everyday use at camp, bring old clothes suitable for a camping environment. Enough clothing should be brought for **TWO** weeks with the understanding that there are **NO LAUNDRY FACILITIES AT CAMP.**

Please use nametags or indelible markers to identify all clothing. **ALL BELONGINGS MUST BE MARKED WITH CAMPER'S NAME.** Trunks, suitcases or multi-drawer storage chests are recommended and must have camper's name and address attached. Camp Carefree cannot be responsible for anything lost, destroyed or left at camp. In the event something IS left at camp after closing day—**WE CANNOT MAIL THE ITEMS BACK TO YOU!** This would be a tremendous expense to the camp, and we WILL NOT send lost items back to you!

**\*\*\*If your child has not yet learned to write letters/address envelopes: we suggest that you send self-addressed stamped envelopes with them to camp! Postcards should also be self-addressed and stamped. Doing this, would be a huge help to the counselors!!**

Spending Money: for stamps, Trading Post, pictures, etc., may be left at the Bank/Trading Post at check in on Opening Day. Most people ask how much to leave. We find that anywhere from \$25-40 is sufficient for the two week stay. Please remember, that if your child "goes over" their account, you will be asked to pay the balance on Closing Day. Also remember, that all one-way e-mails will also be billed to your camper's account. There is a rate of .40 cents per e-mail. Please see "Info for Parents" for more information! **NO CASH SHOULD BE LEFT WITH THE CAMPER!**

On Opening Day, t-shirts will be made available for purchase at \$10.00-\$12.00 each, as well as a variety of other items from our Trading Post store.

**NOT ALLOWED: The following items are NOT allowed and will be taken for the duration of camp: swim fins, masks and snorkels, food, knives, axes, all cutting tools, cigarettes (SMOKING IS NOT ALLOWED ON CAMP GROUNDS) or drugs/alcohol of any kind, cell phones, radios, IPODS, CDs, electronic games, skateboards, rollerblades, hairdryers, curling irons, etc. Not only can this equipment be distracting, but can easily be broken or lost.**

**ADA CAMP CAREFREE provides ALL insulin & diabetes supplies, EXCEPT PUMP SUPPLIES & PUMP BATTERIES AS WELL AS TYPE 2 DIABETES MEDICATIONS. For those on pumps, please pack supplies in a Rubbermaid-type container with your child's name clearly labeled. ALL other medications MUST be given to the Medical Staff upon arrival at camp, during check-in.**

**PLEASE REMEMBER TO LABEL ALL OF YOUR CHILD'S BELONGINGS!!**

**Please also note: we DO NOT RETURN any items to your child after camp ends! This would be very costly—so PLEASE be sure to check everything on Closing Day of camp**

<u>ITEM</u>	<u>NUMBER</u>		<u>ITEM</u>	<u>NUMBER</u>	
	<u>NEED</u>	<u>TAKEN</u>		<u>NEED</u>	<u>TAKEN</u>
<b><u>Clothing:</u></b>					
T-shirts	16	_____	Pajamas (2 of them warm)	3	_____
Shorts	7	_____	Pants/Jeans	4	_____
Underwear	18	_____	Socks, pairs	18	_____
Sweatshirt	1	_____	Sweaters	1	_____
Swim Suits	3	_____	Warm Jacket	1	_____

**Shoes: (all shoe numbers are pair(s) of shoes)**

Sneakers	2	_____	Shower Sandals/Flip Flops	1	_____
Shoes (hiking)	1	_____	Slippers	1	_____
Rain Boots	1	_____			

**Bedding:**

Sheets Twin Fitted	2	_____	Sheets Twin Non Fitted	2	_____
Pillow	1	_____	Blankets	2	_____
Sleeping Bag	1	_____			

**A sleeping bag is needed for out of cabin overnights. We request that this NOT be used instead of bunk linen.**

**Toiletries:**

Bathing Towels (2 Lg 2 Sm)	4	_____	Beach Towels	2	_____
Toiletries Bag	1	_____	Sun screen SPF30+	1	_____

**Toiletries bag should include Tooth Brush, Tooth Paste, Shampoo, Conditioner, face soap, body soap, deodorant, Comb/hair brush, razor (if needed) and any other needed bathroom supplies**

**Other Needed:**

Raincoat/Poncho	1	_____	Hat (Rain or Baseball)	1	_____
Tissues (box)	1	_____	Flashlight w/batteries	1	_____
Water Bottle	1	_____	Extra Batteries	4	_____
Dirty Laundry bags	2	_____	<b>(For flashlight and camera)</b>		

**If child always or occasionally wets the bed:**

Rubberized twin sheet	2	_____
Extra set of twin Sheet:	1	_____

**(Additional to the 2 sets listed above. Total will be 3 fitted and 3 non fitted)**

Pull-Ups (if needed)	18	_____
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**Optional:**

Camera (CANNOT BE A CELL PHONE)	_____	Backpack	_____
Stationary, Stamps	_____	Baseball Glove	_____
Musical Instruments	_____	Quiet games or books (Only 1 or 2)	_____
		Fishing Gear (must be turned in upon arrival to camp for proper storage)	_____

**Please note: We do have theme related days: ie: Pirate day, Hawaiian day; sports day, etc. If your child has any item that he/she thinks would go with the theme day—please pack those as well. We hope to have a list of Theme Days on our website mid-week prior to camp starting—so please check that out too. ☺**